

Like to cook?  
Win a prize and support a great cause?  
The Wellness Committee Presents

the second annual **Beaufort High School Healthy Chili Taste-off and Fundraiser** for HOSA and FCS.

Individuals, groups, organizations are welcome to submit an entry. Prizes will be awarded for best in each of 3 divisions.



Three divisions: **circle** the one you are competing in:

Meat      Vegetarian      Youth: 11-18 yrs

**Contestants must fill out this form, email, or print and drop off to one of the chairpersons listed below. Deadline for admission is January 26<sup>th</sup>. Deliver your chili between 3-5 on Friday, February 3<sup>rd</sup> (One free ticket to the dinner per entrant; pick up at the door)**

We recommend choosing your recipes to include **healthier ingredients including turkey, low fat beef, vegetables, a variety of legumes/beans, lower salt tomato sauce**; cooking at home and bringing your chili in a crock pot or chafing dish. Label all equipment and include a serving spoon. Condiments including cheese, sour cream and crackers and beverages as well as bowls and silverware will be provided for guests. Biscuits and Cornbread will be baked by Foods 1 and Foods 2 classes at BHS.

A home basketball game Beaufort versus will begin at  
Winners will be announced by 7:45 and pickup of crock pots by 8:00pm.

Name(s) and/or Group \_\_\_\_\_

Recipe Name \_\_\_\_\_

Healthier ingredients chosen: \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Doors open to public by 5:30p.m. Ticket sales will be \$1.00 per taste.  
Winners will be announced by 6:00 p.m.

Scan and send form and address any questions or concerns to Sandy McManamon  
[Sandra.McManamon@beaufort.k12.sc.us](mailto:Sandra.McManamon@beaufort.k12.sc.us) or Bradley Smith  
[Bradly.Smith@beaufort.k12.sc.us](mailto:Bradly.Smith@beaufort.k12.sc.us)